

## The “Lively Aging” intentional community in Möckernkiez. Actively aging together rather than alone.



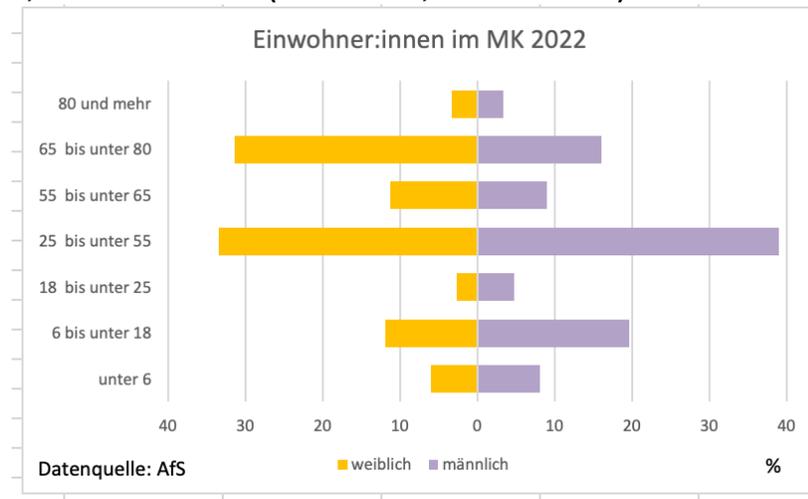


***How, where, and with whom we reside has a decisive influence on how we live – especially in an aging society.***

***Good care, neighborhood and community are becoming increasingly important in every phase of life.***

## Möckernkiez housing cooperative, self-managed, social and ecological living.

- 2007, citizens initiative launched: Who profits from building here, anonymous investors, or the community?
- 2008, Möckernkiez e.V founded. Cultural nonprofit organization to promote communal, intergenerational, intercultural, ecological, and barrier-free living.
- 2009, Möckernkiez cooperative housing association founded.
- 2014, Negotiations with bank fall through, impending failure of the project
- 2016, new financing secured
- 2018, building phase completed, residents move in
- 471 apartments in 14 houses, 991 residents (443 male, 548 female)



## Möckernkiez - site plan



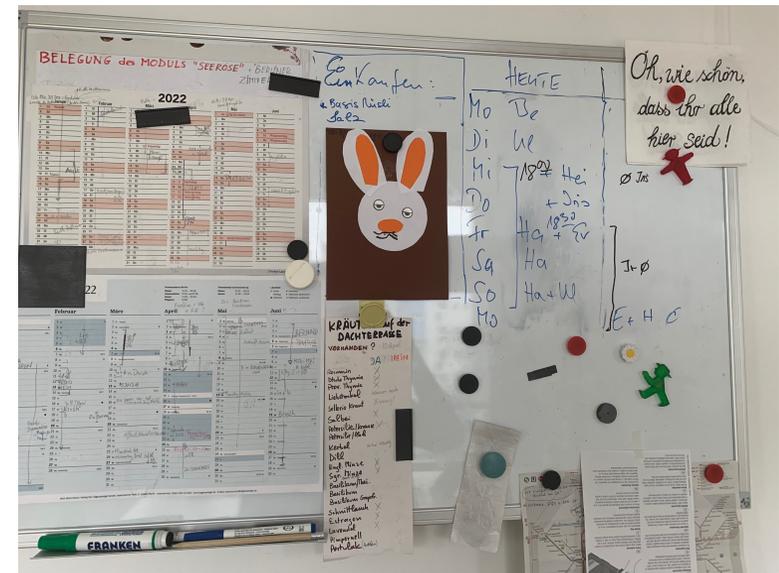


- 2 stories of approx. 190 sqm each, each with 4 private residential units and common rooms
- 3rd floor—common areas kitchen and dining area
- 4th floor—Piano, Library, Lounge areas, tea kitchen
- Private residential units: approx. 25 – 35 sqm including bathroom, communal area per floor approx. 80 sqm
- With one exception, we have refrained from installing kitchenettes in the private residential units
- The 8th unit with kitchen is currently a guest room, potential space for onsite care staff.



## What does our life together look like?

- No separate tea kitchens in the modules – regular dinners together
- Weekly plan, who is home, who is cooking, who has guests
- Shopping—items needed for pantry and household supplies
- *Communal Wallet*—each resident contributes periodic cash to pay for meal and pantry expenses. No receipts are tracked and bookkeeping is minimal.
- Weekly professional cleaning service for common areas; private rooms can be cleaned as requested by the residents
- Regular Jour Fixe for coordinating, planning, making decisions, resolving conflicts and supporting each other
- Joint events, so-called “table discussions”, with outside speaker and as many as 20 participants
- Periodic cultural or physical activities—cinema, theater, etc., hikes, bike rides, lakeside swims, etc.





## What does our legal organization look like?



- Organized as a GbR, a type of residents association: “Lively Aging Intentional Community in Möckernkiez GbR”
- GbR was founded in November 2016 to become a member of the Möckernkiez cooperative and establish and maintain an intentional community.
- Each member purchases acquisition shares in the cooperative, and the GbR collectively tracks and holds the shares.
- The GbR is the contractual partner with the cooperative
- The GbR regulates the occupancy of the rooms itself and can freely divide the rental costs among themselves
- The partners are joint and severally liable “all for one, and one for all”, i.e. the GbR has to pay for the entire rent, regardless of how many people live there
- A separate nonprofit association “Lively Aging e.V.” promotes externally focused cultural activities (e.g. table discussions, site visits, presentations, etc.) to broaden the concept of communal living in an aging society.



## Important skills for communal living





## What added-value does the project provide?

- Societal added-value:

Alternative model in the face of a growing aging population and nursing shortage

- Individual added-value:

Communal connections instead of loneliness, physical and mental activation, economic security

- Ecological added-value:

Resource-saving consumption in terms of living space, energy, household appliances, etc.

- Cultural added-value:

Promoting the exchange and understanding of different life biographies and life plans

- Political added-value:

Democratization through self-government and participation in decisions

- Social added-value:

Commitment to roommates, neighborhood and environment



For more information:  
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**Thank you for your interest!**